

SERVICE FROM YOUR SOFA

Stuck at home with your parents during the Covid-19 crises? Want to help but not sure how? Multiplying Good has you covered. Here are a set of simple, easy-to-do projects:

3 Fun Family Projects

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Abigail Elsey is an Early Childhood Education major with a minor in Psychology at the University of South Carolina and the president of Multiplying Good's Youth Advisory Board, the Think Big Team. Abigail believes that kindness can change the world and by inspiring and empowering the youth of today, we will be bettering the world of tomorrow.

Support your community during this time with projects someone of any age can do!

1

Use chalk to decorate your neighborhood sidewalks with kind messages

Grab some chalk and go outside! Decorate your sidewalk or driveway with kind and encouraging messages. Encourage your neighbors to do the same to create your very own neighborhood kindness walk.

2

Say thank you to your postal and sanitary workers

Create a poster for your front porch or mailbox to say, "We appreciate you!" You could even add some snacks or water bottles and create a "gratitude station" for postal and sanitary workers. Make sure you wear gloves when handling the snacks/drinks—and stay at least 6 feet back from your visitors when they come to drop mail or pick-up the garbage!

3

Write cards to sick kids or folks in the hospital

The good news? According to the USPS, *Covid-19 can't transfer through the mail!* This means you can help by writing letters to people in your community that might be having a hard time right now, including young people or others in the hospital who can't receive visitors. Write an encouraging message and then decorate it with all the color you can find! Send it to your local hospital with a note explaining that the cards are for patients who might be feeling lonely and need a lift! Address the card to 'a special patient', close it up and mail away!

**Please no glitter or sparkles for patient safety!*

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