



SERVICE FROM YOUR SOFA: SPECIAL EDITION!



LEARN TO SEW FACE MASKS!

The CDC advises wearing cloth masks to lower transmission rates of COVID-19. In public areas where keeping a social distance of 6 feet is difficult to maintain, face masks are a great tool.

The demand for masks is HIGH. Anyone working a public essential service job needs a face mask. This includes delivery workers, grocery store workers, and especially, non-medical hospital staff!

Make and donate as many masks as you can for GYSD!

Donate handmade face masks to essential service workers! Get the whole family involved in helping flatten the curve
for Global Youth Service Day, 2020!

1. Print pattern

Print and cut out one mask pattern.

2. Materials

Any cotton fabric. Can be old t-shirts, bandanas, or brand new! Will need 15" of 1/4 or 1/8 inch elastic or two hair ties, cut into two equal 7.5" pieces.

3. Cutting

Lay fabric out on a flat surface and fold in half with the "good sides" together.
Trace pattern twice and cut, making four pieces in two pairs.

4. Sewing

Tip: Follow along with demo video!!!

1) Join center seam

Join the curved seam that is the center of mask. Keep the "good sides" together and leave 1/4" seam. Do this for both sets of cut fabric.

2) Sew the two half masks together and attach elastic

Place one fabric with the good side up. Then place the two ends of the elastic loops on the corners of each side. Now place the other fabric on top of this with the good side down.

Checkpoint: You should have both layers of your mask on top of each other with good sides together and elastic sandwiched between them, only the ends poking out.

3) Pin elastic in place on both sides and sew around the mask using 1/4" seams

Note: make sure to leave one short side open. Then, carefully turn the mask inside-out, so it is now right-side-out.

4) Fold the open edges inward, and sew shut the open side of the mask using a 1/8" seam

Continue sewing around the full perimeter of the mask to give stability.

5. Share

Wear your mask! Take a selfie, and post at
[@multiplyinggood](#) #GYSD20 #multiplyinggood

Help us reach our goal: **200 masks!**